

CIRCULAR

Sub: Conduction of Mobile addiction awareness Programme - Reg.

This is to inform that, National Service Scheme (NSS) of SR University will be organizing the Mobile Addiction Awareness Programme

Event : Mobile Addiction Awareness Programme
Place : Govt. Primary & High School, Grain Market, Warangal
Date : 22-01-2026
Timings : 10:00 am – 02:00 pm

All the NSS unit volunteers are required to participate in the event. For further details, Dr. K. Ravindar, NSS Program Coordinator, may be contacted.


REGISTRAR
SR UNIVERSITY
(V) Ananthasagar, (M) Hasanparthy,
Dt: Hanamkonda-506 971, T.G

Mobile Addiction Awareness Programme

Details of the Event:

Date of the Event	: 22-01-2026
Name of the Event	: Mobile Addiction Awareness Programme
Place	: Govt. Primary & High School, Grain Market, Warangal
Time	: 10:00 am – 02:00 pm
No. of Participants	: 30

Objectives:

- To create awareness among school students about the harmful effects of excessive mobile phone usage.
- To educate students on the impact of mobile addiction on physical health, mental well-being, academic performance, and social behavior.
- To promote disciplined, responsible, and purposeful use of mobile phones.
- To encourage healthy habits such as reading, outdoor games, and face-to-face interaction.
- To instill self-control and digital discipline among young students.

Description of the Program:

The SRU–NSS Unit (Agriculture) of SR University, Warangal, organized a Mobile Addiction Awareness Program at the Government Primary & High School, Grain Market, on 22 January 2026.

The program focused on educating school students about the growing issue of mobile addiction and its negative consequences. NSS volunteers delivered interactive talks using simple language, real-life examples, and student interaction to explain how excessive mobile phone use affects health, concentration, academic growth, and social relationships.

The session encouraged students to reduce screen time and adopt positive alternatives such as sports, reading, and creative activities. The school students actively participated and showed keen interest throughout the program. The school staff appreciated the initiative and extended their full cooperation.

The program was conducted under the guidance of **Dr. Ravindar K, Associate Physical Director, & NSS Coordinator, SR University, Warangal.**


Outcomes:

- Students gained a clear understanding of mobile addiction and its harmful effects.
- Awareness was created regarding physical issues like eye strain, headaches, and poor posture.
- Students learned about mental health concerns such as stress, anxiety, and lack of focus.
- Improved awareness on maintaining a balance between technology use and daily activities.
- NSS volunteers enhanced their communication, leadership, and community engagement skills.

Impact on Society:

- Helped in shaping responsible digital behavior among school-going children.
- Contributed to building a healthier, more disciplined younger generation.
- Strengthened the relationship between educational institutions and the local community.
- Promoted the message of digital well-being and mindful technology usage.
- Reflected the commitment of NSS towards social responsibility and youth development.


EVENT POSTER:



SR UNIVERSITY



सत्यमेव जयते



राष्ट्रीय सेवा योजना
National Service Scheme
युव जनकान् युवा विद्यायाः
Ministry of Youth Affairs and Sports
आर.ए.ए.ए.ए.
Government of India


NATIONAL SERVICE SCHEME

MOBILE ADDICTION

AWARENESS PROGRAM



Motto "Not Me But You"



PRESS NOTE:


Capital Information

www.capitalinformation.net
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SRU-NSS Organizes Mobile Addiction Awareness Program

(Capital Information)
Mulugu/Warangal : The SRU-NSS Unit (Agriculture) of SR University, Warangal, successfully organized a Mo-

The programme aimed at creating awareness among school students about the harmful effects of excessive mobile phone usage and its

mobile Addiction Awareness Program at the Government Primary and High School, Grain Market, on Wednesday.

adverse impact on physical health, mental well-being, academic performance, and social behaviour.

NSS volunteers addressed the students through interactive sessions, highlighting the importance of disciplined and responsible use of mobile phones, supported by real-life examples. Students actively participated in the awareness programme and displayed keen interest throughout the sessions. The school staff extended their full cooperation

and appreciated the initiative taken by the NSS unit. NSS Agriculture students of SR University played a key role in organizing and successfully conducting the programme. The programme was held under the guidance of Dr. Ravindar K, Associate Professor of Physical Education and NSS Coordinator, SR University, Warangal.

EVENT PHOTOS:



Caption: Disconnect to Reconnect – Say No to Mobile Addiction

VOLUNTEERS LIST:

Sl.No	Name of the student	Programme Name	Signature
1	V. NEETHUPATEL	CSE-AIML	Neethu
2	G. KRUSHITHA REDDY	CSE-AIML	Krushitha
3	SK. YASMEEN	CSE-AIML	Yasmeen
4	S. ANUDEEP	CSE-AIML	Anudeep
5	BHUVANAKRUTHI	CSE	Bhuvanga
6	CH. LAHARI	CSE	Lahari
7	S.ABHILASH	CSE	Abhilash
8	V.SAHASRA	CSE	Sahasra
9	V.ANVESH	ECE	Anvesh
10	T.DHANALAXMI	ECE	Dhanalaksh
11	K.HARSHINI	ECE	Harsha
12	P.TEJASRI	ECE	Tejasri
13	N.GOWRIPRIYA	ECE	Gowripriya
14	M.LOHITHA	EEE	Lohitha
15	CH.LAXMIPRASAD	EEE	Laxmi Prasad
16	K.KEERTHANA	CIVIL	Keerthana
17	G.RUTHWIK	CIVIL	Ruthwik
18	M. ANITHA	EEE	Anitha
19	G. JASHWANTH	CSE-AIML	Jash
20	P. ACHYUTHA RAGHAVA	CSE-AIML	Raghava
21	N. ESWAR VARDHAN REDDY	CSE-AIML	Esvar
22	A. VIGNESHWARREDDY	CSE	Vigneshwar
23	CH.YOGI	CSE	Yogi
24	D.VINESH	CSE	Vinesh
25	A.SAIDEEKSHITH	CSE	Saideekshith
26	G. AKHIL	CSE	Akhil
27	A. SPOORTHY	CSE	Spoorthy
28	CH. VARSHITHA	ECE	Varshitha
29	T. BHARGAVI	ECE	Bhargavi
30	R.RAJKUMAR	ECE	Rajkumar


NSS Program Coordinator
NSS COORDINATOR
SR UNIVERSITY
 (V) Ananthasagar, (M) Hasanparthy,
 Dt: Hanamkonda-506 371, T.G.


Dean, SW

 SR UNIVERSITY
 Warangal
 Dean
 Student Welfare


Registrar
REGISTRAR
SR UNIVERSITY
 (V) Ananthasagar, (M) Hasanparthy,
 Dt: Hanamkonda-506 371, T.G.